



Zion Messenger



April 26, 2017

Zion United Church

Box 370, Armstrong, BC

Hospitality Ministry

This Sunday, April 30 10:30am

Greeter: George Campbell

Coffee: Dawn Southern, Sue Kovacs

Scripture Reader: Terri Nicholson

Next Sunday, May 7 10:30am

Greeter: Norm Gallant

Coffee: Janeen Dillistone, Rhonda More

Scripture Reader: Dave Evans



Sunday's Reflection

Louise Burton
"Camp Sunday"

Are you planning on coming to Camp MacKenzie this Saturday to help open camp? Here are some of the jobs you might be asked

to tackle: General yard clean-up, bring rakes, pruners, gloves; Cabins and out-buildings need sweeping out in preparation for painting, equipment supplied. Possibly some carpentry work on Director's Cabin and Craft Hall; Kitchen and Dorm clean-up in Alice Large Hall; Remember that lunch will be provided.

Directions: Drive 35km east from Enderby along Mabel Lake Road, turn right on Rivermouth Rd. Driving time from Enderby is approx. 35—40 minutes. The first boat will leave the dock at 9:00am. If you arrive and the boat is not there, then honk your horn 3 times and you will be picked up. We are usually finished by 3:00pm, but if you can only help for a short time, the boat will return as needed.

Eleanor Kiefer



Contact Information

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**Next Saturday,
May 6th,
9-1:30pm**

**Sales Clerks Needed
Bring aprons & get
ready to DEAL!**

Our annual **Garage Sale** provides funds to help kids go to camp—but we need your help. First of all, by **donating items**. Please either bring them to the church hall at your convenience and put them on the stage OR bring them on Fri. May 5th from 9-3pm OR call the Kiefers to arrange for them to be picked up (250-546-8195)

The **volunteer positions** are filling up nicely but we could still use a few more.

On Friday, May 5th we need a couple more helpers to set up and organize, come for a couple of hours between 9-3pm, and at least one with a strong back would be helpful!

And on Sat., May 6th we could use one or two more people for the last shift starting at 12:30, continuing until everything is packed up to go to the Legion.

Please contact the Kiefers if you can help at 250-546-8195—and thanks!



Breaking news on Page 2...

Lana O'Brien - Choir Director

I was born in Vernon in 1971. My mother is Sharon Wickstrom, née Emeny, descendent of 3 generations of Emeny's who emigrated from England, and homesteaded in Enderby along the Shuswap river, which the family called home for over 125 years. My late father is Otto Wickstrom who originally hailed from Saskatchewan and was a proud descendant of a long line of Scandinavian blood. I have one younger sister, Denise McKen.

I have been with my husband, Mike who hails from Northern Ontario, since 1991 and we have been married since 1994. We fell in love at the University of Victoria where we met in the Education department. After graduating with our teaching degrees in 1995 we worked in Grand Forks, and Invermere for four years before landing jobs in the Okanagan

Shortly after landing these jobs "at home" we started our own family. Shaughnessy Alexis was born Sept 8, 2000 and her twin siblings, Delaney Madison and Fraser Michael were born in 2003. As a teacher of theatre, however, I have many other kids and it isn't uncommon when I start talking about "my kids" that my friends have to stop and confirm which kids I am referring to - my offspring or my students!

Continued on  Page 2

Lana, Continued...

I love my job and am honoured and blessed to spend my days exploring, through the theatre arts, what it means to be a human being. I get to “play” every day while teaching compassion, empathy, sensitivity and respect.

I consider myself especially blessed to have been a member of the Armstrong Zion United Church for my whole life. I was baptized in the original Trinity United Church of Vernon, and remember feeling a terrible sense of loss when it burned down, even though I have no actual remembrance of that church. Mom and Dad moved to Armstrong in 1974, and so it was the Armstrong church that I grew up in. I attended Sunday school, Religion in Life classes, and was confirmed as a youth in this church. I have always been a member of the choir and fondly remember sitting behind “the wall” learning how to read harmony parts with Junior Kunze, and “Aunty” Ruth. The music is church for me and I feel closest to God when singing. There is power in music to open a soul in ways nothing else can.

If I remember correctly (which I often don't in these matters) when Delaney and Fraser were about 3 years old, we ran into difficulty finding quality child care and I found myself at home, having taken a semester leave from work. It was at this point that Norma Norris, who was the church choir leader at the time, asked if I would take over leading the choir. As I wasn't working, I felt I had the time to give to this project. Well, here we are 10 years later and I still find myself in front of the choir. It is a joy to work with Leona Harrison and Bari Castle in the music planning meetings. We have a good balance of fun and work - although we do find we get a bit punchy at the end of what usually is about a two hour meeting, and then there are some weeks when we have no recollection of what the piece was we actually selected! Luckily for us, our amazing group of choir singers are flexible and cooperative, and always willing to offer alternate suggestions, or “just wing it” on any given Sunday. I love the fact that the choir is multi generational and that the kids (yes...three of them ARE mine) are getting to experience the stories, lessons, and prayers through our gifts of music. I know those tunes and words are in their bones and they will be able to draw on the strength of them all their lives.

Lana O'Brien

Hooray! Camp MacKenzie Given “Debt Forgiveness”

The **Rev. Doug Goodwin**, from the BC Conference of the United Church has recently notified **Lorraine Powell** that the Conference has decided to “forgive the indebtedness of three United Church Camps, Camp Koolaree, MacKenzie Camp, and Rock Lake Camp.”

Lorraine is reportedly “doing a Happy Dance” as “many of you are aware of how hard we have worked to pay off this debt slowly, including interest, and the man hours that have been put in to keep the camp going. You may not know, but we are working on a new vision of ministry at the camp, with a part-time position together with St. Andrews United, which BC Conference has approved as a pilot project. Our hope and prayer is that it comes together and will keep in touch as things unfold.”

Pat Hudson

Our Website Update

still needs your church photos...

**IPE, UCW, Men's Breakfast,
and just plain church life...**

email them to: baricastle@shaw.ca
or, transfer them to a thumb drive
for Jake. Help Bari & Jake tell
the whole Zion story.