



# Zion Messenger



November 29, 2017

Zion United Church

Box 370, Armstrong, BC

## Hospitality Ministry

**This Sunday December 3 10:30am**  
 Greeter: Jim Skinner  
 Coffee: Suzanne Skinner, Rod Gilmer  
 Scripture Reader: Louise Burton

**Next Sunday December 10 10:30am**  
 Greeter: Mona Ball  
 Coffee: Shirley Allen, Hoa Huynh  
 Scripture Reader: Rod Gilmer

### Christmas Gift Idea

Are you looking for a great gift for someone special?? Consider buying a gift card for Askew's. Easy, convenient, and our church makes 7% on your purchase. We will have cards in \$25, \$50 & \$100 denominations. See Anja or Eleanor in the hall after church.



Wayne Kiefer reminds all the men that our next popular "Men's Breakfast" is on Saturday, December 9th.



## Sunday's Reflection

Rev. Bari Castle

"A Moment, a Messenger, a Mission"

Come join all your Zion friends at the annual Christmas Tea & Bake Sale this Saturday at 1—3:00pm



"Healing..."

hinges upon a willingness to change."  
 Judith Howard, "Healing Touch"

## Contact Information

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## Annual Carol Festival

Sunday, Dec. 10th at 7pm

Armstrong Bible Chapel on Rosedale

Food Bank donations appreciated.

### Suzanne's Corner...

✓Christine & Suzanne will be making 'swags' in the church Hall Thursday, Nov. 30th at 1:00pm. Bring gardening gloves and pruning shears if you have them.

✓Don't forget the Christmas Tea & Bake Sale, Saturday, December 2nd from 1—3:pm in the church Hall. Baking should be in by 12:30 at the latest; set-up starts at 11:00am.

✓Hamper Lists are up—please bring donations in on Dec. 10th so we can put the hampers together that afternoon. I plan to move them to the Food Bank pick-up location Tues., Dec. 12.

✓If you're buying and wrapping (or not wrapping) gifts, please label them with the Hamper # plus age and sex of child.

✓Congregational get-together after church in the Hall for the sharing of ideas, dream/hopes and expectations....normal 'coffee time' fare.

## Judith Howard- Ministry & Personnel Committee, Zion Council

Until the age of 13, I lived in a small town—MacLennan, in Northern Alberta. My dad's family owned the local "General Store" and my Mother was a nurse at the local hospital, though she didn't work while we 5 children were very young. Life was simple then...the whole town was our playground as children...safe and secure. Huge change when we moved to Kelowna in 1957!

Sadly, we lost our father two years later and Mom continued nursing in Kelowna until her retirement. For grades 11 & 12, I chose to attend the newly built Catholic high school, Immaculata. We were a much smaller class of 22 for the two years—also the first graduating class—and we remain close to this day. I went off to Victoria for Nurses training, though I didn't complete it.

Subsequently, I lived in Vancouver and Prince George, but always remained a 'small town girl' at heart. I discovered Armstrong in the seventies, much to my delight! For many years I worked in a small medical office and cherished the opportunity to know so many folks here, and often, several generations of families.

I have 3 children—the oldest, my son, is First Nations and was adopted as a 7-month old. My two daughters married local fellows and live in Vancouver and Oregon. I am generally a homebody and enjoy a quiet lifestyle—I've been in the same house for 42 years! Besides my involvement with the church council, I am a Hospice House volunteer.

Judith Howard

## News from St. Andrew's United in Enderby

